

Course Name	Seminar in mental health I	Course Number	02EU420
Credit	1.5	Teachers in charge	Tamaki Saito, Nobuaki Morita, Yasukazu Ogai
Modules/ Course hour	Spring ABC/ 6 and 7 periods, Tuesday (7 periods = 18:00–19:30)	Office	D743
Kind of course	B	Mail address	Saito(HHD02063@nifty.com) Morita(nobuakim@nifty.com) Ogai(ogai.vs@md.tsukuba.ac.jp)
Student year	1~3	Office hour	Asking (via E-mail)

Achievement goal This course aims to equip students with mastering research methods through seminar, understanding mechanism of mental health problem.

Overview Graduate students and teaching staffs make a presentation about their research in progress and all participants discuss about it.
Teaching staffs introduce basic knowledge about research, the latest research direction, and clinical case report properly. (Ex. Social withdrawal, Child abuse, Drug/Alcohol dependence, Addiction, Domestic violence, Developmental disorder, Criminal behavior, Mental Health)

Textbooks To be announced if any

References

- Diagnostic and Statistical Manual of Mental Disorders: DSM-V. American Psychiatric Association.
- White paper of Mental Health Welfare. Editing committee of mental health welfare (Ed) . Chuohoki publishing Co. Ltd. (2017 in Japanese)
- Kaplan and Sadock's comprehensive textbook of psychiatry. Sadock, B.J., Sadock, V. A. (Eds.) . LWW. (2017, in Japanese)
- Okuyama, M., Nishizawa, T., Morita, N. (2012) Care and treatment of abused children. Shindan to Chiryō Sha. (2012, in Japanese)

Evaluation for Grades and Credits Class attendance, presentation and discussion.

Lecture Schedule

Time	Presenter	Contents
1	Teaching Staffs	Orientation; Introduce seminar and decide schedule of presentation.
2~	Students in charge	Student in charge makes a presentation about their research in progress. Then all participants discuss about it.
2~	Teaching Staffs	Teaching staffs introduce basic knowledge about research, the latest research direction, and clinical case report properly.

Course Name	Seminar in mental health II	Course Number	02EU421
Credit	1.5	Teachers in charge	Tamaki Saito, Nobuaki Morita, Yasukazu Ogai
Modules/ Course hour	Spring ABC/ 6 and 7 periods, Tuesday (7 periods = 18:00–19:30)	Office	D743
Kind of course	B	Mail address	Saito(HHD02063@nifty.com) Morita(nobuakim@nifty.com) Ogai(ogai.vs@md.tsukuba.ac.jp)
Student year	1～3	Office hour	Asking (via E-mail)

Achievement goal This course aims to equip students with mastering research methods through seminar in order to conduct their research and write thesis.

Overview Graduate students and teaching staffs make a presentation about their research in progress and all participants discuss about it.
Teaching staffs introduce basic knowledge about research, the latest research direction, and clinical case report properly. (Ex. Social withdrawal, Child abuse, Drug/Alcohol dependence, Addiction, Domestic violence, Developmental disorder, Criminal behavior, Mental Health)

Textbooks To be announced if any

References

- Diagnostic and Statistical Manual of Mental Disorders: DSM-V. American Psychiatric Association.
- White paper of Mental Health Welfare. Editing committee of mental health welfare (Ed) . Chuohoki publishing Co. Ltd. (2017 in Japanese)
- Kaplan and Sadock's comprehensive textbook of psychiatry. Sadock, B.J., Sadock, V. A. (Eds.) . LWW. (2017, in Japanese)
- Okuyama, M., Nishizawa, T., Morita, N. (2012) Care and treatment of abused children. Shindan to Chiryō Sha. (2012, in Japanese)

Evaluation for Grades and Credits Class attendance, presentation and discussion.

Lecture Schedule

Time	Presenter	Contents
1	Teaching Staffs	Orientation; Introduce seminar and decide schedule of presentation.
2～	Students in charge	Student in charge makes a presentation about their research in progress. Then all participants discuss about it.
2～	Teaching Staffs	Teaching staffs introduce basic knowledge about research, the latest research direction, and clinical case report properly.

Course Name	Special research in social psychiatry I	Course Number	02EU422
Credit	1.5	Teacher in charge	Tamaki Saito Nobuaki Morita
Modules/ Course hour	Spring ABC/ Asking	Office	D743
Kind of course	Seminar	Mail address	Saito(HHD02063@nifty.com) Morita(nobuakim@nifty.com)
Student year	1~3	Office hour	Asking (via E-mail)

Achievement goal This course aims to equip students with mastering basic concepts and methodology of social psychiatry to progress student's research.

Overview Social psychiatry focuses on the social,cultural and interpesonal context of mental disorder and mental wellbeing. This course introduce students to learn basic concepts and methods of social psychiatry through reading related textbooks and scientific papers about issues related to social pschiatry and dicussing about them.

Textbooks To be announced if any

References

- Diagnostic and Statistical Manual of Mental Disorders: DSM-V. American Psychiatric Association.
- White paper of Mental Health Welfare. Editing committee of mental health welfare (Ed) . Chuohoki publishing Co. Ltd. (2017 in Japanese)
- Japanese association of social psychiatry(Ed.): Social psychiatry,Igaku Shoin (2009 ,inJapanese)
- Okuyama, M., Nishizawa, T., Morita, N. (2012) Care and treatment of abused children. Shindan to Chiryō Sha. (2012, in Japanese)

Evaluation for Grades and Credits Class attendance and participation including presentation and discussion.

Lecture Schedule

Time	Presentor	Contents
1	Tamaki Saito	Papers on concepts and methdology of social psychiatry
2	Tamaki Saito	Papers on cultural bound problems
3	Tamaki Saito	Papers on Social withdrawal, Suicide
4	Nobuai Morita	Papers on violence(Child abuse, Domesitic violence,Elder abuse)
5	Nobuai Morita	Papers on addiction

Course Name	Special research in social psychiatry II	Course Number	02EU423
Credit	1.5	Teacher in charge	Tamaki Saito Nobuaki Morita
Modules/ Course hour	Autumn ABC/Asking	Office	D743
Kind of course	Seminar	Mail address	Saito(HHD02063@nifty.com) Morita(nobuakim@nifty.com)
Student year	1~3	Office hour	Asking (via E-mail)

Achievement goal This course aims to equip students with mastering basic concepts and methodology of social psychiatry to progress student's research.

Overview Social psychiatry focuses on the social,cultural and nterpesonal context of mental disorder and mental wellbeing. This course introduce students to learn basic concepts and methods of social psychiatry through reading related textbooks and scientific papers about issues related to social pschiatry and dicussing about them.

Textbooks To be announced if any

References

- Diagnostic and Statistical Manual of Mental Disorders: DSM-V. American Psychiatric Association.
- White paper of Mental Health Welfare. Editing committee of mental health welfare (Ed) . Chuohoki publishing Co. Ltd. (2017 in Japanese)
- Japanese association of social psychiatry(Ed.): Social psychiatry,Igaku Shoin (2009 ,inJapanese)
- Okuyama, M., Nishizawa, T., Morita, N. (2012) Care and treatment of abused children. Shindan to Chiryō Sha. (2012, in Japanese)

Evaluation for Grades and Credits Class attendance and participation including presentation and discussion.

Lecture Schedule

Time	Presentor	Contents
1	Tamaki Saito	Paprsers on prevention and Intervention from the view of social psychiatry
2	Tamaki Saito	Papers on community psychology and family therapy
3	Nobuai Morita	Papers on for addiction
4	Nobuai Morita	Papers on forensic psychiatry

Course Name	Special research in clinical social psychology I	Course Number	02EU424
Credit	1.5	Teacher in charge	Yasukazu Ogai
Modules/ Course hour	Spring ABC/ Asking	Office	D526
Kind of course	B	Mail address	ogai.ys@md.tsukuba.ac.jp
Student year	1~3	Office hour	Asking (via E-mail)

Achievement goal This course aims to equip students with mastering basic concepts and methodology of clinical social psychology to progress student's research.

Overview Students learn basic concepts and methods of social clinical psychology and statistical analysis through reading related textbooks and scientific papers.

Textbooks To be announced if any

References Kowalski, R.M. & Leary, M.R. (2001). The Social Psychology of Emotional and Behavioral Problems: Interfaces of Social and Clinical Psychology. APA
Eiki, T. (2007) Learning Medical data analysis with SPSS. Tokyo Tosho (in Japanese)
Oshio, S. (2011) Psychological research data analysis with SPSS and Amos (2nd. ver.). Tokyo Tosho (in Japanese)
Ando, K., Koji, M., and Numazaki, M.(Eds.) (2010) Intoroduction to social psychological research; New version. Tokyo Daigaku Shupankai (in Japanese)

Evaluation for Grades and Credits Class attendance and participation including presentation and discussion.

Lecture Schedule

Time	Presentor	Contents
1	Yasukazu Ogai	Orientation; Introduce seminar and decide schedule of presentation.
2~	Students in charge	Student in charge makes a presentation about the textbook or scientific paper related to their research. Then all participants discuss about it.

Course Name	Special research in clinical social psychology II	Course Number	02EU425
Credit	1.5	Teacher in charge	Yasukazu Ogai
Modules/ Course hour	Spring ABC/ Asking	Office	D526
Kind of course	B	Mail address	ogai.ys@md.tsukuba.ac.jp
Student year	1~3	Office hour	Asking (via E-mail)

Achievement goal This course aims to equip students with mastering basic concepts and methodology of clinical social psychology to progress student's research.

Overview Students learn basic concepts and methods of social clinical psychology and statistical analysis through presentation and discussion about their research.

Textbooks To be announced if any

References Kowalski, R.M. & Leary, M.R. (2001). The Social Psychology of Emotional and Behavioral Problems: Interfaces of Social and Clinical Psychology. APA
Eiki, T. (2007) Learning Medical data analysis with SPSS. Tokyo Tosho (in Japanese)
Oshio, S. (2011) Psychological research data analysis with SPSS and Amos (2nd. ver.). Tokyo Tosho (in Japanese)
Ando, K., Koji, M., and Numazaki, M.(Eds.) (2010) Introduction to social psychological research; New version. Tokyo Daigaku Shupankai (in Japanese)

Evaluation for Grades and Credits Class attendance and participation including presentation and discussion.

Lecture Schedule

Time	Presenter	Contents
1	Yasukazu Ogai	Orientation; Introduce seminar and decide schedule of presentation.
2~	Students in charge	Student in charge makes a presentation about their research in progress. Then all participants discuss about it.

Course Name	Seminar in mental health care I	Course Number	02EU426
Credit	1	Teachers in charge	Nobuaki Morita
Modules/ Course hour	Spring ABC Asking	Office	D743
Kind of course	D	Mail address	Morita(nobuakim@nifty.com)
Student year	1~3	Office hour	Asking (via E-mail)

Achievement goal This course aims to equip students with learning basic theories and skills of mental care approaches such as psychoeducation, cognitive behavioral therapy, narrative therapy and community intervention to various mental health problems.

Overview Teaching staffs and various practitioners about various mental health problems, including addiction, child abuse, violence, sexual offences, psychological trauma and self injury behaviors etc., make a presentation about theories of mental care approaches, training of actual care skills and discussing about them.

Textbooks To be announced if any

References

- Judith Lewis Herman(1992)Trauma and Recovery,Basic Books
- Masaya Itoh, Masaru Horikoshi, Masami Kashimura (2012) :Mind healing notebook: self learning book for cognitive processing therapy for trauma, Sogen sya.. (in Japanese)
- Harue Kamioka and Eiko Ohshima(2010) "Sonogono fjiyuu" (Bio-psycho-social problems of survivors of trauma and addiction), Igaku shoin.. (in Japanese)
- Okuyama, M., Nishizawa, T., Morita, N. (2012) Care and treatment of abused children. Shindan to Chiryō Sha. (in Japanese)
- Alan Jenkins (1990) 'Invitations To Responsibility : The Therapeutic Engagement of Men Who are Violent and Abusive, Dulwich Centre Publications

Evaluation for Grades and Credits Class attendance, presentation and discussion.

Lecture Schedule

Time	Presentor	Contents
	Nobuaki Morita and mental health protectioners	Recovery from psychological trauma, CPT(Cognitive Processing Therapy)
	Nobuaki Morita and mental health protectioners	Recovery from addiction, Harm reduction policy and psychotherapies for addiction

Course Name	Seminar in mental health care II	Course Number	02EU427
Credit	1	Teachers in charge	Nobuaki Morita
Modules/ Course hour	Autumn ABC Asking	Office	D743
Kind of course	D	Mail address	Morita(nobuakim@nifty.com)
Student year	1~3	Office hour	Asking (via E-mail)

Achievement goal This course aims to equip students with learning basic theories and skills of mental care approaches such as psychoeducation, cognitive behavioral therapy, narrative therapy and community intervention to various mental health problems.

Overview Teaching staffs and various practitioners about various mental health problems, including addiction, child abuse, violence, sexual offences, psychological trauma and self injury behaviors etc., make a presentation about theories of mental care approaches, training of actual care skills and discussing about them.

Textbooks To be announced if any

References

- Judith Lewis Herman (1992) Trauma and Recovery, Basic Books
- Masaya Itoh, Masaru Horikoshi, Masami Kashimura (2012) : Mind healing notebook: self learning book for cognitive processing therapy for trauma., Sogen sya. (in Japanese)
- Harue Kamioka and Eiko Ohshima (2010) "Sonogono fjiyuu" (Bio-psycho-social problems of survivors of trauma and addiction), Igaku shoin. (in Japanese)
- Okuiyama, M., Nishizawa, T., Morita, N. (2012) Care and treatment of abused children. Shindan to Chiryō Sha. (in Japanese)
- Alan Jenkins (1990) 'Invitations To Responsibility : The Therapeutic Engagement of Men Who are Violent and Abusive, Dulwich Centre Publications

Evaluation for Grades and Credits Class attendance, presentation and discussion.

Lecture Schedule

Time	Presentor	Contents
	Nobuaki Morita and mental health protectioners	Intervention and psychoeducation for perpetrators of child abuse, domestic violence.
	Nobuaki Morita and mental health protectioners	Intervention and psychoeducation for perpetrators of sexual violence, other antisocial behaviors.
	Nobuaki Morita and mental health protectioners	Prevention and therapy for self injury behaviors and suicide