

Course name	Seminar on Health Sociology I	Course Number	02EU352
Credit	3	Instructor	Fumi Takeda, Takafumi Monma
Course Offering Term	s.i.c		D509
Style of Course	Seminar	Telephone	takeda.fumi.fe@u.tsukuba.ac.jp
Standard Academic Year	1~3	Office Hour	s.i.c

Objectives of this courses Students will be able to examine theory and methodology of health sociology.

Course Outline This course aims to equip students with an understanding concept of health sociology by learning issues on maternal and child health and geriatric health.

Textbooks s.i.c
To be announced if any.

Evaluation for Grades&Credits Class attendance and participation; presentation or report.

Lecture Schedule

	Instructor	Course Contents
1~30	Fumi Takeda, Takafumi	Models of health Concept of health promotion Theories of quality of life and functional ability Practice models of health education Health issues and health care policy and system of pregnant and nursing mothers, infants, and elderly

Course name	Seminar on Health Sociology II	Course Number	02EU353
Credit	3	Instructor	Fumi Takeda, Takafumi Monma
Course Offering Term	s.i.c		D509
Style of Course	Seminar	Telephone	takeda.fumi.fe@u.tsukuba.ac.jp
Standard Academic Year	1~3	Office Hour	s.i.c

Objectives of this courses Students will be able to examine theory and methodology of health sociology.

Course Outline This course aims to equip students with an understanding concept of health sociology by learning issues on occupational health and school health.

Textbooks s.i.c

To be announced if any.

Evaluation for Grades&Credits Class attendance and participation; presentation or report.

Lecture Schedule

回	担当教員	授業内容
1~30	Fumi Takeda, Takafumi Monma	Psychosocial factors related to health Constitution and mechanism of sense of coherence Stress model Health issues and health care policy and system of workers and children Occupational stress of human service workers

Course name	Research in Health Sociology I	Course Number	02EU372
Credit	1	Teachers in charge	Fumi Takeda
Course Offering Term	Spring C Monday 1・2	Office	D509
Style of Course	Seminar	Mail address	takeda.fumi.fe@u.tsukuba.ac.jp
Standard Academic Year	2~3	Office hour	s.i.c

Objectives of this courses Writing dissertations on specific research themes in the fields of parent-child health care and geriatric health care.

Course Outline Students will be individually supervised on research ethics, designing and writing dissertations on specific research

Textbooks To be announced if any.

To be announced if any.

Evaluation for Grades&Credits Class attendance and participation; Written report.

Lecture Schedule

	Instructor	Course Contents
1	Fumi Takeda	Orientation including research ethics
2~10	Fumi Takeda	Presentation and discussion

Course Name	Research in Health Sociology II	Course Number	02EU373
Credit	1	Teachers in charge	Fumi Takeda
Modules/ Course hour	Autumn C Monday 1・2	Office	D509
Kind of course	Seminar	Mail address	takeda.fumi.fe@u.tsukuba.ac.jp
Student year	2~3	Office hour	s.i.c

Achievement goal Writing dissertations on specific research themes in the fields of occupational health and school health

Overview Students will be individually supervised on designing and writing dissertations on specific research

Textbooks To be announced if any

References To be announced if any

Evaluation for Grades and Class attendance and participation; Written report.

Lecture Schedule

Time	Presentor	Contents
1	Fumi Takeda	Orientation
2~10	Fumi Takeda	Presentation and discussion

Course Name	Research Method in Health Sociology	Course Number	02EU374
Credit	1	Teachers in charge	Fumi Takeda
Modules/ Course hour	Spring C Monday 3-4	Office	D509
Kind of course	Seminar	Mail address	takeda.fumi.fe@u.tsukuba.ac.jp
Student year	1~3	Office hour	s.i.c

Achievement goal This course aims to equip students with understanding of research methods used in the field of Health Sociology

Overview Students will learn research methods used in the field of Health Sociology, such as reviewing literature, formulating hypothesis, preparing and conducting surveys, and processing and analyzing data.

Textbooks To be announced if any

References To be announced if any

Evaluation for Grades and Class attendance and participation; Written report.

**Lecture
Schedule**

Time	Presentor	Contents
1	Fumi Takeda	Hypothetical model
2~10	Fumi Takeda	Definition of terms and concepts Research design Sampling and preparing questionnaires Statistical analysis

Course Name	Research Methodology on Health Fitness Studies	Course Number	02EU385
Credit	3	Teachers in charge	Tomohiro Okura, Naomi Omi
Modules/ Course hour	Spring/Fall terms, TBA	Office	A608, A308
Kind of course	Class Exercises	Mail address	okura.tomohiro.gp@u.tsukuba.ac.jp
Student year	1st to 3rd	Office hour	By appointment

Achievement goal This seminar aims for students to understand and practice processes of writing research proposal, data collection, data analysis and writing thesis on area of Health Fitness.

Overview In this seminar, students will learn processes and methodologies of human performance and nutrition research including intervention studies in humans and animals, preparation and implementation of questionnaire survey, statistical analysis, discussion on results.

Textbooks TBA

References TBA

Evaluation for Grades and Active participation and research proposal

Lecture Schedule

Time	Presenter	Contents
1	Tomohiro Okura, Naomi Omi	Orientation
2~30	Tomohiro Okura, Naomi Omi	Presentation and discussion

Course Name	I Seminar in Stress Management I	Course Number	02EU375
Credit	2	Teacher in charge	Katsuyoshi Mizukami
Modules/ Course hour	Spring AB, 7 and 8 periods, Tuesday	Office	Tokyo campus room 540
Kind of course	Seminar	Mail address	mizukami.katsuyos.ga@u.tsukuba.ac.jp
Student year	1 – 3	Office hour	Tuesday 17:00–18:00

Achievement goal In order to complete thesis, students design and submit research program related to stress management and health promotion.

Overview Seminar in Stress Management I is an intensive subject offered in the spring semester. Students consider the efficacy and limitations of stress management and health promotion in the workplace, school, home and geriatric society through a decentralized study citing several real-life examples. Based on this analysis, students identify issues from their own workplace experience and develop effective models of health promotion and stress management systems designed to resolve the issues thus identified.

Textbooks Nothing

References To be announced if any

Evaluation for Grades and Class attendance, presentation and discussion.

Lecture Schedule

Time	Presenter	Contents
1	Katsuyoshi Mizukami	Orientation
2–10	Katsuyoshi Mizukami	Presentation and discussion

Course Name	Seminar in Stress Management II	Course Number	02EU375
Credit	2	Teacher in charge	Katsuyoshi Mizukami
Modules/ Course hour	Autumn AB 7 and 8 period,Thursday	Office	Tokyo campus room 540
Kind of course	Seminar	Mail address	mizukami.katsuyos.ga@u.tsukuba.ac.jp
Student year	1-3	Office hour	Tuesday 17:00-18:00

Achievement In order to complete thesis, students design and submit research program related to stress management and health promotion.

Overview Seminar in Stress Management II is an intensive subject offered in the fall semester. Students consider the efficacy and limitations of stress management and health promotion in the workplace, school, home and geriatric society through a decentralized study citing several real-life examples. Based on this analysis, students identify issues from their own workplace experience and develop effective models of health promotion and stress management systems designed to resolve the issues thus identified.

Textbooks Nothing

References To be announced if any

Evaluation for Class attendance, presentation and discussion.

Lecture Schedule

Time	Presentor	Contents
1	Katsuyoshi Mizukami	Orientation
2-10	Katsuyoshi Mizukami	Presentation and dicussion

Course Name	Research in Stress Management I	Course Number	02EU377
Credit	1	Teacher in charge	Katsuyoshi Mizukami
Modules/ Course hour	Spring C 5 and 6 period,Thursday	Office	Tokyo campus room 540
Kind of course	Sminar	Mail address	mizukami.katsuyos.ga@u.tsukuba.ac.jp
Student year	2 and 3	Office hour	Tuesday 17:00–18:00

Achievement goal Student acquire basic knowledge about the research theme as well as to conduct the research related to stress management and health promotion. In addition, writing a master thesis and a presentation about the research progress are required.

Overview Research in Stress Management I is an intensive subject offered in the spring semester. Student continue his research through presentation and intensive discussion.

Textbooks Nothing

References To be annouced if any

Evaluation for Grades and Credits Class attendance, presentation and discussion.

Lecture Schedule

Time	Presentor	Contents
1	Katsuyoshi Mizukami	Orientation
2–5	Katsuyoshi Mizukami	Guidance of doctoral dissertation

Course Name	Research in Stress Management II	Course Number	02EU378
Credit	1	Teacher in charge	Katsuyoshi Mizukami
Modules/ Course hour	Autumn C 7 and 8 period,Thursday	Office	Tokyo campus room 540
Kind of course	Sminar	Mail address	mizukami.katsuyos.ga@u.tsukuba.ac.jp
Student year	2 and 3	Office hour	Tuesday 17:00-18:00

Achievement goal Student acquire basic knowledge about the research theme as well as to conduct the research related to stress management and health promotion. In addition, writing a master thesis and a presentation about the research progress are required.

Overview Research in Stress Management II is an intensive subject offered in the fall semester. Student continue his research through presentation and intensive discussion.

Textbooks Nothing

References To be annouced if any

Evaluation for Grades and Credits Class attendance, presentation and discussion.

Lecture Schedule

Time	Presentor	Contents
1	Katsuyoshi Mizukami	Orientation
2-5	Katsuyoshi Mizukami	Guidance of doctoral dissertation

Course Name	Research Methods in Stress Management	Course Number	02EU379
Credit	1	Teacher in charge	Katsuyoshi Mizukami
Modules/ Course hour	Spring ABC negotiable	Office	Tokyo campus room 540
Kind of course	Seminar	Mail address	mizukami.katsuyos.ga@u.tsukuba.ac.jp
Student year	1-3	Office hour	Tuesday 17:00-18:00

Achievement goal Students are engaged in learning research methods in stress management and health promotion and will be able to comprehend theory and practice of research methods according to their own topics

Overview Students learn research methods that will be a foundation to conduct research in the field of stress management and health promotion.

Textbooks Nothing

References To be announced if any

Evaluation for Grades and Class attendance, presentation and discussion.

**Lecture
Schedule**

Time	Presentor	Contents
1	Katsuyoshi Mizukami	Orientation
2-5	Katsuyoshi Mizukami	Guidance of doctoral dissertation